Ref no.:

CH/N/23/03/020

29/03/2023



## Re: Updates on Gymnasium Regulations

有關:健身室使用守則更新

With endorsement from Owners' Committee was sought on 16 March 2023, please note that below updates on Gymnasium Regulations effective from 1 April 2023 (Saturday):

按業主委員會於 2023 年 3 月 16 日會議中通過之決議,健身室守則更新如下並將於 2023 年 4 月 1 日(星期六)起生效:

Clause 7 第7項 Guardians' consent must be obtained for User(s) between the age of 14 to 17 and resident(s) to use cardio equipment\* only.

十四歲至十七歲之使用者須獲得監護人之同意,方可使用健身室帶氧運動器材\*。

Below 14 years old is not allowed in the Gymnasium.

凡年齡未滿十四歲之人仕,不可進入健身室範圍。

CARDIO equipment includes Treadmill, Up-Right Bike, Recumbent Bike, Stepper, Rower and Elliptical 帶氧運動器材包括跑步機、單車機、踏步器、室內划艇機及太空漫步機

As such, users age 14 to 17 must present a signed disclaimer form by their guardians before entering the Gymnasium, such user shall be required to show his/her identity document for verification. For further information, please contact Club Receptions at 2989 9000 / 2989 6500.

為此,十四歲至十七歲之使用者須於進入健身室前出示其監護人簽署之責任承諾書,並提供身份證明文件以作年齡確認。如有任何查詢,請致電會所接待處 2989 9000 / 2989 6500 與我們聯絡。





Until further notice 另行通知



